



American College Health Association **National College Health Assessment**



# Reference Group Data Report



American College Health Association

Spring 2009





# Reference Group Data Report

---

## Spring 2009

The ACHA-NCHA II supports the health of the campus community by fulfilling the academic mission, supporting short- and long-term healthy behaviors, and gaining a current profile of health trends within the campus community.

Suggested citation for this document: American College Health Association. American College Health Association-National College Health Assessment II: Reference Group Data Report Spring 2009. Linthicum, MD: American College Health Association; 2009.

## Demographics of Participating Institutions

One hundred thirty postsecondary institutions self-selected to participate in the Spring 2009 ACHA National College Health Assessment II and 91,869 surveys were completed by students on these campuses. For the purpose of forming the Reference Group, only those institutions that surveyed all students, or used a random sampling technique are included in the analysis, yielding a final data set consisting of 87,105 students and 117 schools. Demographic characteristics of the 117 campuses follow:

<b>Demographical Characteristics of the 117 Postsecondary Institutions Included in the Spring 2009 ACHA-NCHA II Reference Group.</b>	
<b>Campus Characteristic</b>	<b><i>n</i></b>
Type of Institution	
Public	75
Private	42
2-year	7
4-year or above	110
Location of Campus	
Northeast (CT, ME, MA, NH, NJ, NY, PA, RI, VT)	31
Midwest (IL, IN, IA, KS, MI, MN, MO, NE, ND, OH, SD, WI)	31
South (AL, AR, DE, DC, FL, GA, KY, LA, MD, MS, NC, OK, SC, TN, TX, VA, WV)	26
West (AK, AZ, CA, CO, HI, ID, MT, NV, NM, OR, UT, WA, WY)	23
Outside US	6
Campus Size	
< 2,500 students	17
2,500 – 4,999 students	12
5,000 – 9,999 students	28
10,000 – 19,999 students	31
20,000 students or more	29
Campus Setting	
Very large city (population over 500,000)	22
Large city (population 250,000-499,999)	5
Small city (population 50,000-249,999)	51
Large town (population 10,000 – 49,999)	26
Small town (population 2,500-9,999)	11
Rural community (population under 2,500)	2
Carnegie Classification	
Associates Colleges	7
Baccalaureate Colleges	17
Masters Colleges and Universities	43
Research Institutions	40
Special Focus Institutions	4
Miscellaneous/Not Classified	6

<b>Demographical Characteristics of the 117 Postsecondary Institutions Included in the Spring 2009 ACHA-NCHA II Reference Group.</b>	
<b>Campus Characteristic</b>	<b><i>n</i></b>
ACHA Membership Status	
Institutional Member	109
Nonmember	8
Religious Affiliation	
No	98
Yes	19
<u>If yes:</u>	
Catholic	11
Protestant or Other Christian	8
Postsecondary Minority Institution (US Department of Education)	
No	112
Yes	5
<u>*If yes:</u>	
Postsecondary Minority Institution	2
Historically Black College or University (HBCU)	1
High Hispanic Enrollment	4
Hispanic Serving Institution (HSI)	4
Indian Tribally Controlled College or University	0
Alaska Native-Serving Institution	0
Native Hawaiian-Serving Institution	0
*institutions may hold more than one type of minority status	

	<b>All Spring 2009 Institutions</b>	<b>Paper Survey Administration</b>	<b>Web Survey Administration</b>
Number of institutions	117*	18	100
Number of students	87,105	11,269	75,836
Mean response proportion	30%	82%	20%
Median response proportion	21%	86%	18%

\*The number of paper and web institutions may sum to more than the total number of participating institutions as some schools administered both paper and web surveys. Sample size and response proportion for these schools are reported separately for each survey method.



American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

1. How would you describe your general health?

Table with 10 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct., and a horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

2A1. Have you received information on the following topics from your college or university?

Alcohol and other drug use

Table with 10 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct., and a horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

2A2. Have you received information on the following topics from your college or university?

Cold/Flu/Sore Throat

Table with 10 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct., and a horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

2A3. Have you received information on the following topics from your college or university?

Depression/Anxiety

Table with 10 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct., and a horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

2A4. Have you received information on the following topics from your college or university?

Eating disorders

Table with 10 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct., and a horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

2A5. Have you received information on the following topics from your college or university?

Grief and loss

Table with 10 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct., and a horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.



American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

2A6. Have you received information on the following topics from your college or university?
How to help others in distress

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

2A7. Have you received information on the following topics from your college or university?
Injury prevention

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

2A8. Have you received information on the following topics from your college or university?
Nutrition

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

2A9. Have you received information on the following topics from your college or university?
Physical activity

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

2A10. Have you received information on the following topics from your college or university?
Pregnancy prevention

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

2B1. Have you received information on the following topics from your college or university?
Problem use of internet/computer games

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

2B2. Have you received information on the following topics from your college or university?
Relationship difficulties

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.



American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

2B3. Have you received information on the following topics from your college or university? Sexual assault/Relationship violence prevention

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Includes horizontal bar charts for Total Pct.

Invalid responses include no response or multiple responses.

2B4. Have you received information on the following topics from your college or university? Sexually transmitted disease/ Infection (STD/I) prevention

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Includes horizontal bar charts for Total Pct.

Invalid responses include no response or multiple responses.

2B5. Have you received information on the following topics from your college or university? Sleep difficulties

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Includes horizontal bar charts for Total Pct.

Invalid responses include no response or multiple responses.

2B6. Have you received information on the following topics from your college or university? Stress reduction

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Includes horizontal bar charts for Total Pct.

Invalid responses include no response or multiple responses.

2B7. Have you received information on the following topics from your college or university? Suicide prevention

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Includes horizontal bar charts for Total Pct.

Invalid responses include no response or multiple responses.

2B8. Have you received information on the following topics from your college or university? Tobacco use

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Includes horizontal bar charts for Total Pct.

Invalid responses include no response or multiple responses.

2B9. Have you received information on the following topics from your college or university? Violence prevention

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Includes horizontal bar charts for Total Pct.

Invalid responses include no response or multiple responses.





American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

3A1. Are you interested in receiving information on the following topics from your college or university? Alcohol and other drug use

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

3A2. Are you interested in receiving information on the following topics from your college or university? Cold/Flu/Sore throat

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

3A3. Are you interested in receiving information on the following topics from your college or university? Depression/Anxiety

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

3A4. Are you interested in receiving information on the following topics from your college or university? Eating disorders

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

3A5. Are you interested in receiving information on the following topics from your college or university? Grief and loss

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

3A6. Are you interested in receiving information on the following topics from your college or university? How to help others in distress

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

3A7. Are you interested in receiving information on the following topics from your college or university? Injury prevention

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.



American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

3A8. Are you interested in receiving information on the following topics from your college or university?

Nutrition

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar charts for '1 No' and '2 Yes'.

Invalid responses include no response or multiple responses.

3A9. Are you interested in receiving information on the following topics from your college or university?

Physical activity

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar charts for '1 No' and '2 Yes'.

Invalid responses include no response or multiple responses.

3A10. Are you interested in receiving information on the following topics from your college or university?

Pregnancy prevention

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar charts for '1 No' and '2 Yes'.

Invalid responses include no response or multiple responses.

3B1. Are you interested in receiving information on the following topics from your college or university?

Problem use of Internet/computer games

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar charts for '1 No' and '2 Yes'.

Invalid responses include no response or multiple responses.

3B2. Are you interested in receiving information on the following topics from your college or university?

Relationship difficulties

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar charts for '1 No' and '2 Yes'.

Invalid responses include no response or multiple responses.

3B3. Are you interested in receiving information on the following topics from your college or university?

Sexual assault/Relationship violence prevention

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar charts for '1 No' and '2 Yes'.

Invalid responses include no response or multiple responses.

3B4. Are you interested in receiving information on the following topics from your college or university?

Sexually transmitted disease/Infection (STD/I) prevention

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar charts for '1 No' and '2 Yes'.

Invalid responses include no response or multiple responses.



American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

3B5. Are you interested in receiving information on the following topics from your college or university? Sleep difficulties

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

3B6. Are you interested in receiving information on the following topics from your college or university? Stress reduction

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

3B7. Are you interested in receiving information on the following topics from your college or university? Suicide prevention

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

3B8. Are you interested in receiving information on the following topics from your college or university? Tobacco use

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

3B9. Are you interested in receiving information on the following topics from your college or university? Violence prevention

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

4A. Within the last 12 months, how often did you: Wear a seatbelt when you rode in car?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.



American College Health Association-National College Health Assessment (ACHA-NCHA-II)

Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

4B. Within the last 12 months, how often did you:
Wear a helmet when you rode a bicycle?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

4C. Within the last 12 months, how often did you:
Wear a helmet when you rode a motorcycle?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

4D. Within the last 12 months, how often did you:
Wear a helmet when you were inline skating?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

5A. Within the last 12 months:
Were you in a physical fight?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

5B. Within the last 12 months:
Were you physically assaulted (do not include sexual assault)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.



American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

5C. Within the last 12 months:

Were you verbally threatened?

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Rows include 1 No, 2 Yes, and Valid responses =.

Invalid responses include no response or multiple responses.

5D. Within the last 12 months:

Were you sexually touched without your consent?

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Rows include 1 No, 2 Yes, and Valid responses =.

Invalid responses include no response or multiple responses.

5E. Within the last 12 months:

Was sexual penetration attempted (vaginal, anal, oral) without your consent?

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Rows include 1 No, 2 Yes, and Valid responses =.

Invalid responses include no response or multiple responses.

5F. Within the last 12 months:

Were you sexually penetrated (vaginal, anal, oral) without your consent?

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Rows include 1 No, 2 Yes, and Valid responses =.

Invalid responses include no response or multiple responses.

5G. Within the last 12 months:

Were you a victim of stalking (e.g., waiting for you outside your classroom, residence hall, or office: repeated emails/phone calls)?

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Rows include 1 No, 2 Yes, and Valid responses =.

Invalid responses include no response or multiple responses.

6A. Within the last 12 months, have you been in an intimate (coupled/partnered) relationship that was:

Emotionally abusive? (e.g., called derogatory names, yelled at, ridiculed)

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Rows include 1 No, 2 Yes, and Valid responses =.

Invalid responses include no response or multiple responses.

6B. Within the last 12 months, have you been in an intimate (coupled / partnered) relationship that was:

Physically abusive? (e.g., kicked, slapped, punched)

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Rows include 1 No, 2 Yes, and Valid responses =.

Invalid responses include no response or multiple responses.



American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

6C. Within the last 12 months, have you been in an intimate (coupled / partnered) relationship that was: Sexually abusive? (e.g., forced to have sex when you didn't want it, forced to perform an unwanted sexual act on you)

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

7A. Do you feel safe on this campus (daytime)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

7B. Do you feel safe on this campus (nighttime)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

7C. Do you feel safe in the community surrounding this school (daytime)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

7D. Do you feel safe in the community surrounding this school (nighttime)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

8A1. Within the last thirty days, on how many days did you use: Cigarettes?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.



American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

8A2. Within the last thirty days, on how many days did you use:

Tobacco from a water pipe (hookah)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

8A3. Within the last thirty days, on how many days did you use:

Cigars, little cigars, clove cigarettes?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

8A4. Within the last thirty days, on how many days did you use:

Smokeless tobacco?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

8A5. Within the last thirty days, on how many days did you use:

Alcohol (beer, wine, liquor)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.





American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

8A6. Within the last thirty days, on how many days did you use:

Marijuana (pot, weed, hashish, hash oil)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

8A7. Within the last thirty days, on how many days did you use:

Cocaine (crack, rock, freebase)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

8A8. Within the last thirty days, on how many days did you use:

Methamphetamine (crystal, meth, ice, crank)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

8A9. Within the last thirty days, on how many days did you use:

Other amphetamines (diet pills, bennies)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.





American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

8B1. Within the last thirty days, on how many days did you use:

Sedatives (downers, ludes)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Rows include '1 Never used' (93.8%), '2 Have used, but not in last 30' (4.1%), '3 1 - 2 days' (1.0%), '4 3 - 5 days' (0.5%), '5 6 - 9 days' (0.2%), '6 10 - 19 days' (0.2%), '7 20 - 29 days' (0.1%), '8 Used daily' (0.2%), and 'Valid responses = 99.3%'.

Invalid responses include no response or multiple responses.

8B2. Within the last thirty days, on how many days did you use:

Hallucinogens (LSD, PCP)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Rows include '1 Never used' (93.9%), '2 Have used, but not in last 30' (5.2%), '3 1 - 2 days' (0.6%), '4 3 - 5 days' (0.1%), '5 6 - 9 days' (0.0%), '6 10 - 19 days' (0.0%), '7 20 - 29 days' (0.0%), '8 Used daily' (0.1%), and 'Valid responses = 99.3%'.

Invalid responses include no response or multiple responses.

8B3. Within the last thirty days, on how many days did you use:

Anabolic steroids (Testosterone)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Rows include '1 Never used' (99.1%), '2 Have used, but not in last 30' (0.7%), '3 1 - 2 days' (0.0%), '4 3 - 5 days' (0.0%), '5 6 - 9 days' (0.0%), '6 10 - 19 days' (0.0%), '7 20 - 29 days' (0.0%), '8 Used daily' (0.1%), and 'Valid responses = 99.2%'.

Invalid responses include no response or multiple responses.

8B4. Within the last thirty days, on how many days did you use:

Opiates (heroin, smack)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Rows include '1 Never used' (97.9%), '2 Have used, but not in last 30' (1.6%), '3 1 - 2 days' (0.2%), '4 3 - 5 days' (0.1%), '5 6 - 9 days' (0.0%), '6 10 - 19 days' (0.1%), '7 20 - 29 days' (0.0%), '8 Used daily' (0.1%), and 'Valid responses = 99.2%'.

Invalid responses include no response or multiple responses.



**American College Health Association-National College Health Assessment (ACHA-NCHA-II)  
Reference Group Data Report - Spring 2009**

American College Health Association  
P.O. Box 28937  
Baltimore, MD 21240-8937  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 7, 2009  
FREQUENCY REPORT  
Number of Surveys (n) = 87105 Web & Paper Surveys

**8B5.. Within the last thirty days, on how many days did you use:**

**Inhalants (glue, solvents, gas)?**

	Male		Female		Unknown		Total	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	
1 Never used	29082	97	54071	99	1528	97	84,784	98.1
2 Have used, but not in last 30	655	2	654	1	29	2	1,343	1.6
3 1 - 2 days	49	0	48	0	6	0	108	0.1
4 3 - 5 days	22	0	11	0	2	0	36	0.0
5 6 - 9 days	14	0	4	0	4	0	23	0.0
6 10 - 19 days	9	0	11	0	1	0	21	0.0
7 20 - 29 days	9	0	7	0	0	0	17	0.0
8 Used daily	29	0	10	0	7	0	60	0.1
Valid responses =	29869	35	54816	63	1577	2	86,392	99.2

Invalid responses include no response or multiple responses.

**8B6. Within the last thirty days, on how many days did you use:**

**MDMA (Ecstasy)?**

	Male		Female		Unknown		Total	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	
1 Never used	27825	93	52221	95	1472	93	81,615	94.5
2 Have used, but not in last 30	1714	6	2267	4	74	5	4,068	4.7
3 1 - 2 days	212	1	243	0	9	1	465	0.5
4 3 - 5 days	50	0	34	0	5	0	90	0.1
5 6 - 9 days	18	0	16	0	2	0	38	0.0
6 10 - 19 days	10	0	10	0	3	0	25	0.0
7 20 - 29 days	9	0	6	0	3	0	18	0.0
8 Used daily	35	0	9	0	10	1	68	0.1
Valid responses =	29873	35	54806	63	1578	2	86,387	99.2

Invalid responses include no response or multiple responses.

**8B7. Within the last thirty days, on how many days did you use:**

**Other club drugs (GHB, Ketamine, Rohypnol)?**

	Male		Female		Unknown		Total	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	
1 Never used	29137	98	54230	99	1524	97	84,999	98.3
2 Have used, but not in last 30	643	2	566	1	27	2	1,240	1.4
3 1 - 2 days	33	0	23	0	5	0	61	0.1
4 3 - 5 days	11	0	7	0	5	0	24	0.0
5 6 - 9 days	17	0	6	0	0	0	25	0.0
6 10 - 19 days	7	0	4	0	2	0	13	0.0
7 20 - 29 days	7	0	6	0	3	0	17	0.0
8 Used daily	30	0	11	0	9	1	63	0.1
Valid responses =	29885	35	54853	63	1575	2	86,442	99.2

Invalid responses include no response or multiple responses.

**8B8. Within the last thirty days, on how many days did you use:**

**Other illegal drugs?**

	Male		Female		Unknown		Total	Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	
1 Never used	27723	93	52303	96	1464	94	81,586	94.6
2 Have used, but not in last 30	1656	6	1983	4	68	4	3,720	4.3
3 1 - 2 days	212	1	210	0	10	1	433	0.5
4 3 - 5 days	70	0	84	0	3	0	157	0.2
5 6 - 9 days	46	0	48	0	2	0	99	0.1
6 10 - 19 days	29	0	41	0	4	0	74	0.1
7 20 - 29 days	22	0	28	0	1	0	51	0.1
8 Used daily	65	0	58	0	10	1	149	0.2
Valid responses =	29823	35	54755	63	1562	2	86,269	99.0

Invalid responses include no response or multiple responses.



American College Health Association-National College Health Assessment (ACHA-NCHA-II)

Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

9A1. Within the last thirty days, how often do you think the typical student at your school used: Cigarettes?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

9A2. Within the last thirty days, how often do you think the typical student at your school used: Tobacco from a water pipe (hookah)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

9A3. Within the last thirty days, how often do you think the typical student at your school used: Cigars, little cigars, clove cigarettes?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

9A4. Within the last thirty days, how often do you think the typical student at your school used: Smokeless tobacco?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.



American College Health Association-National College Health Assessment (ACHA-NCHA-II)

Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

9A5. Within the last thirty days, how often do you think the typical student at your school used: Alcohol (beer, wine, liquor)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

9A6. Within the last thirty days, how often do you think the typical student at your school used: Marijuana (pot, weed, hashish, hash oil)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

9A7. Within the last thirty days, how often do you think the typical student at your school used: Cocaine (crack, rock, freebase)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

9A8. Within the last thirty days, how often do you think the typical student at your school used: Methamphetamine (crystal meth, ice, crank)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.



American College Health Association-National College Health Assessment (ACHA-NCHA-II)

Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

9A9. Within the last thirty days, how often do you think the typical student at your school used: Other amphetamine (diet pills, bennies)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

9B1. Within the last thirty days, how often do you think the typical student at your school used: Sedatives (downers, ludes)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

9B2. Within the last thirty days, how often do you think the typical student at your school used: Hallucinogens (LSD, PCP)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

9B3. Within the last thirty days, how often do you think the typical student at your school used: Anabolic steroids (Testosterone)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.



American College Health Association-National College Health Assessment (ACHA-NCHA-II)

Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

9B4. Within the last thirty days, how often do you think the typical student at your school used: Opiates (heroin, smack)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

9B5. Within the last thirty days, how often do you think the typical student at your school used: Inhalants (glue, solvents, gas)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

9B6. Within the last thirty days, how often do you think the typical student at your school used: MDMA (Ecstasy)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

9B7. Within the last thirty days, how often do you think the typical student at your school used: Other club drugs (GHB, Ketamine, Rohypnol)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.



**American College Health Association-National College Health Assessment (ACHA-NCHA-II)  
Reference Group Data Report - Spring 2009**

American College Health Association  
P.O. Box 28937  
Baltimore, MD 21240-8937  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 7, 2009  
FREQUENCY REPORT  
Number of Surveys (n) = 87105 Web & Paper Surveys

**9B8. Within the last thirty days, how often do you think the typical student at your school used:  
Other illegal drugs?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 Never used	13840	48	21997	41	633	46	36,522	43.5
2 Have used, but not in last 30	6740	23	13087	25	283	20	20,131	24.0
3 1 - 2 days	4383	15	9026	17	227	16	13,651	16.2
4 3 - 5 days	1692	6	3679	7	69	5	5,447	6.5
5 6 - 9 days	975	3	2404	5	63	5	3,446	4.1
6 10 - 19 days	634	2	1469	3	36	3	2,142	2.5
7 20 - 29 days	320	1	858	2	26	2	1,209	1.4
8 Used daily	496	2	897	2	47	3	1,459	1.7
Valid responses =	29080	35	53417	64	1384	2	84,007	96.4

Invalid responses include no response or multiple responses.

**10. The last time you "partied"/socialized, how many alcoholic drinks did you have?**

Drinks	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0	7339	25	13429	25	413	28	21,221	24.6
1-2	4391	15	13169	24	304	20	17,882	20.7
3-4	4843	16	12935	24	271	18	18,067	21.0
5-6	4333	15	8571	16	183	12	13,097	15.2
7-8	2981	10	3713	7	107	7	6,807	7.9
9-10	2555	9	1810	3	82	6	4,458	5.2
11-12	1350	5	553	1	40	3	1,948	2.3
13-14	473	2	136	0	16	1	626	0.7
15-16	824	3	248	1	31	2	1,106	1.3
GE 17	747	3	180	0	56	4	991	1.1
Valid responses=	29836	35	54744	64	1503	2	86,203	99.0

Invalid responses include no response or multiple responses.

	Mean	Median	Std Dev	Min	Max
Male	4.93	4.00	5.28	0	97
Female	3.16	3.00	3.16	0	88
Overall	3.80	3.00	4.21	0	97

**11. The last time you "partied"/socialized, how many hours did you drink alcohol?**

Hours	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0	7372	25	13517	25	420	28	21,351	25.0
1-2	4576	16	9320	17	253	17	14,168	16.6
3-4	9352	32	17603	32	428	29	27,415	32.1
5-6	6204	21	11304	21	275	19	17,798	20.8
7-8	1392	5	2018	4	60	4	3,475	4.1
9-10	357	1	355	1	25	2	739	0.9
11-12	162	1	134	0	10	1	308	0.4
13-14	47	0	21	0	2	0	70	0.1
15-16	34	0	13	0	1	0	49	0.1
GE 17	61	0	42	0	9	1	118	0.1
Valid responses =	29557	35	54327	64	1483	2	85,491	98.1

Invalid responses include no response or multiple responses.

	Mean	Median	Std Dev	Min	Max
Male	3.13	3.00	2.88	0	69
Female	2.93	3.00	2.43	0	64
Overall	3.01	3.00	2.64	0	70



American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

12. How many drinks of alcohol do you think the typical student at your school had the last time he/she "partied"/socialized?

Table with 9 columns: Drinks, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

Summary statistics table with columns: Mean, Median, Std Dev, Min, Max for Male, Female, and Overall.

13. Over the last two weeks, how many times have you had five or more drinks of alcohol at a sitting?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

14A. Within the last thirty days, did you: Drive after drinking any alcohol at all?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

14B. Within the last thirty days, did you: Drive after having 5 or more drinks?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.





American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

15A. During the last 12 months, when you "partied"/socialized, how often did you:
Alternate non-alcoholic with alcoholic beverages?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

15B. During the last 12 months, when you "partied"/socialized, how often did you:
Avoid drinking games?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

15C. During the last 12 months, when you "partied"/socialized, how often did you:
Choose not to drink alcohol?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

15D. During the last 12 months, when you "partied"/socialized, how often did you:
Determine, in advance, not to exceed a set number of drinks?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.



American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

15E. During the last 12 months, when you "partied"/socialized, how often did you: Eat before and/or during drinking?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

15F. During the last 12 months, when you "partied"/socialized, how often did you: Have a friend let you know when you've had enough?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

15G. During the last 12 months, when you "partied"/socialized, how often did you: Keep track of how many drinks you were having?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

15H. During the last 12 months, when you "partied"/socialized, how often did you: Pace your drinks to 1 or fewer per hour?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.



American College Health Association-National College Health Assessment (ACHA-NCHA-II)

Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

15I. During the last 12 months, when you "partied"/socialized, how often did you: Stay with the same group of friends the entire time you were drinking?

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

15J. During the last 12 months, when you "partied"/socialized, how often did you: Stick with only one kind of alcohol when drinking?

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

15K. During the last 12 months, when you "partied"/socialized, how often did you: Use a designated driver?

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

16A. Within the last 12 months, have you experienced any of the following as a consequence of your drinking: Did something you later regretted?

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

16B. Within the last 12 months, have you experienced any of the following as a consequence of your drinking: Forgot where you were or what you did?

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.



American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

16C. Within the last 12 months, have you experienced any of the following as a consequence of your drinking: Got in trouble with the police?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

16D. Within the last 12 months, have you experienced any of the following as a consequence of your drinking: Had sex with someone without giving your consent?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

16E. Within the last 12 months, have you experienced any of the following as a consequence of your drinking: Had sex with someone without getting their consent?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

16F. Within the last 12 months, have you experienced any of the following as a consequence of your drinking: Had unprotected sex?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

16G. Within the last 12 months, have you experienced any of the following as a consequence of your drinking: Physically injured yourself?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

16H. Within the last 12 months, have you experienced any of the following as a consequence of your drinking: Physically injured another person?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.



**American College Health Association-National College Health Assessment (ACHA-NCHA-II)**

**Reference Group Data Report - Spring 2009**

American College Health Association  
 P.O. Box 28937  
 Baltimore, MD 21240-8937  
 (410) 859-1500  
[www.acha.org](http://www.acha.org)

August 7, 2009  
 FREQUENCY REPORT  
 Number of Surveys (n) = 87105 Web & Paper Surveys

**16I. Within the last 12 months, have you experienced any of the following as a consequence of your drinking:  
 Seriously considered suicide?**

	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
1 N/A, Don't drink	6325	21	10931	20	349	25	17,647	20.6
2 No	22927	77	42959	79	1017	73	66,969	78.1
3 Yes	439	2	669	1	29	2	1,157	1.3
Valid responses =	29691	35	54559	64	1395	2	85,773	98.5

Invalid responses include no response or multiple responses.

**17A. Within the last 30 days, what percent of students at your school used cigarettes? State your best estimate.**

Percent	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0	378	1	474	1	80	6	940	1.1
1-10	4694	16	5818	11	170	13	10,706	12.5
11-20	6091	21	8338	15	199	15	14,648	17.2
21-30	5793	20	10047	19	209	16	16,064	18.8
31-40	4540	15	8072	15	173	13	12,801	15.0
41-50	3536	12	8535	16	208	16	12,292	14.4
51-60	1592	5	4176	8	109	8	5,883	6.9
61-70	1314	4	3548	7	72	5	4,938	5.8
71-80	1069	4	3549	7	82	6	4,709	5.5
81-90	416	1	1415	3	29	2	1,861	2.2
91-99	163	1	379	1	13	1	566	0.7
Valid responses =	29586	35	54351	64	1344	2	85,408	98.1

Invalid responses include no response or multiple responses.

	Mean	Median	Std Dev	Min	Max
<b>Male</b>	32.61	30.00	20.77	0	99
<b>Female</b>	39.08	35.00	22.18	0	99
<b>Overall</b>	36.79	33.00	21.96	0	99

**17B. Within the last 30 days, what percent of students at your school used alcohol? State your best estimate.**

Percent	Male		Female		Unknown		Total	
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.
0	375	1	408	1	80	6	871	1.0
1-10	557	2	617	1	46	3	1,229	1.4
11-20	530	2	605	1	36	3	1,173	1.4
21-30	947	3	1241	2	40	3	2,229	2.6
31-40	1483	5	1875	4	46	3	3,408	4.0
41-50	2656	9	4245	8	108	8	7,019	8.2
51-60	2941	10	5185	10	115	9	8,253	9.7
61-70	4530	15	7863	15	156	12	12,565	14.7
71-80	7831	27	15597	29	361	27	23,815	27.9
81-90	5598	19	12509	23	259	19	18,386	21.5
91-99	2131	7	4192	8	93	7	6,435	7.5
Valid responses =	29579	35	54337	64	1340	2	85,383	98.0

Invalid responses include no response or multiple responses.

	Mean	Median	Std Dev	Min	Max
<b>Male</b>	68.22	75.00	21.71	0	100
<b>Female</b>	71.73	75.00	19.44	0	100
<b>Overall</b>	70.39	75.00	20.50	0	100



American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

17C. Within the last 30 days, what percent of students at your school used marijuana? State your best estimate.

Table with 9 columns: Percent, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Rows include percentages from 0 to 91-99 and summary statistics.

Invalid responses include no response or multiple responses.

Summary statistics table with columns: Mean, Median, Std Dev, Min, Max for Male, Female, and Overall.

18A. Within the last 12 months, have you taken any of the following prescription drugs that were not prescribed to you: Antidepressants (e.g., Celexa, Lexapro, Prozac, Wellbutrin, Zoloft)?

Table with 9 columns: Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Rows include 1 No, 2 Yes, and Valid responses.

Invalid responses include no response or multiple responses.

18B. Within the last 12 months, have you taken any of the following prescription drugs that were not prescribed to you: Erectile dysfunction drugs (e.g., Viagra, Cialis, Levitra)?

Table with 9 columns: Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Rows include 1 No, 2 Yes, and Valid responses.

Invalid responses include no response or multiple responses.

18C. Within the last 12 months, have you taken any of the following prescription drugs that were not prescribed to you: Pain killers (e.g., OxyContin, Vicodin, Codeine)?

Table with 9 columns: Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Rows include 1 No, 2 Yes, and Valid responses.

Invalid responses include no response or multiple responses.

18D. Within the last 12 months, have you taken any of the following prescription drugs that were not prescribed to you: Sedatives (e.g., Xanax, Valium)?

Table with 9 columns: Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Rows include 1 No, 2 Yes, and Valid responses.

Invalid responses include no response or multiple responses.



American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

18E. Within the last 12 months, have you taken any of the following prescription drugs that were not prescribed to you: Stimulants (e.g., Ritalin, Adderall)?

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Includes horizontal bar chart for Total Pct.

19. Within the last 12 months, with how many partners have you had oral sex, vaginal intercourse or anal intercourse?

Table with 9 columns: Partners, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Includes horizontal bar chart for Total Pct.

Summary statistics table with columns: Mean, Median, Std Dev, Min, Max for Male, Female, and Overall.

20A. Within the last 12 months, did you have sexual partner(s) who were: Female?

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Includes horizontal bar chart for Total Pct.

20B. Within the last 12 months, did you have sexual partner(s) who were: Male?

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Includes horizontal bar chart for Total Pct.

20C. Within the last 12 months, did you have sexual partner(s) who were: Transgender?

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Includes horizontal bar chart for Total Pct.

21A. Within the last 30 days, did you have: Oral sex?

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Includes horizontal bar chart for Total Pct.



American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

21B. Within the last 30 days, did you have: Vaginal Intercourse?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

21C. Within the last 30 days, did you have: Anal Intercourse?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

22A. Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (e.g., male condom, female condom, dam, glove) during: Oral sex?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

22B. Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (e.g., male condom, female condom, dam, glove) during: Vaginal Intercourse?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

22C. Within the last 30 days, how often did you or your partner(s) use a condom or other protective barrier (e.g., male condom, female condom, dam, glove) during: Anal Intercourse?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.





American College Health Association-National College Health Assessment (ACHA-NCHA-II)

Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

23A. Did you or your partner(s) use a method to prevent pregnancy the last time you had vaginal intercourse?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

23B1. What method of birth control did you or your partner use to prevent pregnancy the last time you had vaginal intercourse: Birth control pills (monthly or extended cycle)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

23B2. What method of birth control did you or your partner use to prevent pregnancy the last time you had vaginal intercourse: Birth control shots?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

23B3. What method of birth control did you or your partner use to prevent pregnancy the last time you had vaginal intercourse: Birth control implants?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

23B4. What method of birth control did you or your partner use to prevent pregnancy the last time you had vaginal intercourse: Birth control patch?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

23B5. What method of birth control did you or your partner use to prevent pregnancy the last time you had vaginal intercourse: Cervical ring?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

23B6. What method of birth control did you or your partner use to prevent pregnancy the last time you had vaginal intercourse: Intrauterine device (IUD)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.



American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

23B7. What method of birth control did you or your partner use to prevent pregnancy the last time you had vaginal intercourse: Male condom?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

23B8. What method of birth control did you or your partner use to prevent pregnancy the last time you had vaginal intercourse: Female condom?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

23B9. What method of birth control did you or your partner use to prevent pregnancy the last time you had vaginal intercourse: Diaphragm or cervical cap?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

23B10. What method of birth control did you or your partner use to prevent pregnancy the last time you had vaginal intercourse: Contraceptive sponge?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

23B11. What method of birth control did you or your partner use to prevent pregnancy the last time you had vaginal intercourse: Spermicide (e.g., foam, jelly, cream)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

23B12. What method of birth control did you or your partner use to prevent pregnancy the last time you had vaginal intercourse: Fertility awareness (e.g., calendar, mucous, basal body temperature)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

23B13. What method of birth control did you or your partner use to prevent pregnancy the last time you had vaginal intercourse: Withdrawal?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

23B14. What method of birth control did you or your partner use to prevent pregnancy the last time you had vaginal intercourse: Sterilization (e.g., hysterectomy, tubes tied, or vasectomy)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.



American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

23B15. What method of birth control did you or your partner use to prevent pregnancy the last time you had vaginal intercourse: Other method?

Table with 9 columns: Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct., and a bar chart column. Rows include '1 No', '2 Yes', and 'Valid responses='.

24. Within the last 12 months, have you or your partner(s) used emergency contraception ("morning after pill")?

Table with 9 columns: Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct., and a bar chart column. Rows include '1 N/A N vaginal intercourse 12 m', '2 No', '3 Yes', '4 Don't know', and 'Valid responses='.

Invalid responses include no response or multiple responses.

25. Within the last 12 months, have you or your partner become pregnant?

Table with 9 columns: Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct., and a bar chart column. Rows include '1 N/A, No vaginal intercourse 12 m', '2 No', '3 Yes, unintentionally', '3 Yes, intentionally', '4 Don't know', and 'Valid responses='.

Invalid responses include no response or multiple responses.

26. How would you describe your weight?

Table with 9 columns: Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct., and a bar chart column. Rows include '1 Very underweight', '2 Slightly underweight', '3 About the right weight', '4 Slightly overweight', '5 Very overweight', and 'Valid responses='.

Invalid responses include no response or multiple responses.

27. Are you trying to do any of the following about your weight?

Table with 9 columns: Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct., and a bar chart column. Rows include '1 I am not trying to do anything', '2 Stay the same weight', '3 Lose weight', '4 Gain weight', and 'Valid responses='.

Invalid responses include no response or multiple responses.

28. How many servings of fruits and vegetables do you usually have per day?

Table with 9 columns: Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct., and a bar chart column. Rows include '1 0 servings per day', '2 1-2 servings per day', '3 3-4 servings per day', '4 5 or more servings per day', and 'Valid responses='.

Invalid responses include no response or multiple responses.



American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

29A. On how many of the past 7 days did you:

Do moderate intensity cardio or aerobic exercise for at least 30 minutes?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

29B. On how many of the past 7 days did you:

Do vigorous intensity cardio or aerobic exercise for at least 20 minutes?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

29C. On how many of the past 7 days did you:

Do 8-10 strength training exercises for 8-12 repetitions each?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

30A. Have you ever felt things were hopeless?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.



American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

30B. Have you ever felt overwhelmed by all you had to do?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

30C. Have you ever felt exhausted (not from physical activity)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

30D. Have you ever felt very lonely?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

30E. Have you ever felt very sad?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

30F. Have you ever felt so depressed that it was difficult to function?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.



**American College Health Association-National College Health Assessment (ACHA-NCHA-II)  
Reference Group Data Report - Spring 2009**

American College Health Association  
P.O. Box 28937  
Baltimore, MD 21240-8937  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 7, 2009  
FREQUENCY REPORT  
Number of Surveys (n) = 87105 Web & Paper Surveys

**30G. Have you ever felt overwhelming anxiety?**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never	13010	44	16404	30	497	46	29,938	34.9	
2 Not in last 12 months	5069	17	8492	16	153	14	13,728	16.0	
3 In the last 2 weeks	4086	14	11187	20	183	17	15,501	18.1	
4 In the last 30 days	2643	9	6899	13	92	8	9,647	11.2	
5 In the last 12 months	5025	17	11798	22	165	15	17,017	19.8	
Valid responses =	29833	35	54780	64	1090	1	85,831	98.5	

Invalid responses include no response or multiple responses.

**30H. Have you ever felt overwhelming anger?**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never	12793	43	20920	38	519	48	34261	40.1	
2 Not in last 12 months	6341	21	11887	22	196	18	18,441	21.6	
3 In the last 2 weeks	3275	11	6471	12	132	12	9,919	11.6	
4 In the last 30 days	2354	8	4848	9	84	8	7,294	8.5	
5 In the last 12 months	4992	17	10426	19	162	15	15,613	18.3	
Valid responses =	29755	35	54552	64	1093	1	85,528	98.2	

Invalid responses include no response or multiple responses.

**30I. Have you ever intentionally cut, burned, bruised, or otherwise injured yourself?**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never	26035	87	44917	82	898	82	71903	83.7	
2 Not in last 12 months	2597	9	6818	12	118	11	9,563	11.1	
3 In the last 2 weeks	333	1	755	1	26	2	1,136	1.3	
4 In the last 30 days	218	1	440	1	14	1	679	0.8	
5 In the last 12 months	656	2	1889	3	43	4	2,604	3.0	
Valid responses =	29839	35	54819	64	1099	1	85,885	98.6	

Invalid responses include no response or multiple responses.

**30J. Have you ever seriously considered suicide?**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never	24825	83	44246	81	884	81	70,007	81.5	
2 Not in last 12 months	3255	11	7335	13	122	11	10,744	12.5	
3 In the last 2 weeks	435	2	656	1	28	3	1,141	1.3	
4 In the last 30 days	257	1	480	1	12	1	756	0.9	
5 In the last 12 months	1082	4	2115	4	51	5	3,263	3.8	
Valid responses =	29854	35	54832	64	1097	1	85,911	98.6	

Invalid responses include no response or multiple responses.

**30K. Have you ever attempted suicide?**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	
1 Never	28007	94	50399	92	959	88	79435	92.7	
2 Not in last 12 months	1459	5	3765	7	86	8	5,339	6.2	
3 In the last 2 weeks	105	0	107	0	14	1	239	0.3	
4 In the last 30 days	51	0	60	0	7	1	121	0.1	
5 In the last 12 months	177	1	379	1	20	2	589	0.7	
Valid responses =	29799	35	54710	64	1086	1	85,723	98.4	

Invalid responses include no response or multiple responses.



American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

31A1. Within the last 12 months, have you been diagnosed or treated by a professional for any of the following: Anorexia?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes data for 'No' and 'Yes' categories with percentages and a horizontal bar chart for the 'No' response.

Invalid responses include no response or multiple responses.

31A2. Within the last 12 months, have you been diagnosed or treated by a professional for any of the following: Anxiety?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes data for 'No' and 'Yes' categories with percentages and a horizontal bar chart for the 'No' response.

Invalid responses include no response or multiple responses.

31A3. Within the last 12 months, have you been diagnosed or treated by a professional for any of the following: Attention Deficit and Hyperactivity Disorder (ADHD)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes data for 'No' and 'Yes' categories with percentages and a horizontal bar chart for the 'No' response.

Invalid responses include no response or multiple responses.

31A4. Within the last 12 months, have you been diagnosed or treated by a professional for any of the following: Bipolar Disorder?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes data for 'No' and 'Yes' categories with percentages and a horizontal bar chart for the 'No' response.

Invalid responses include no response or multiple responses.



American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

31A5. Within the last 12 months, have you been diagnosed or treated by a professional for any of the following: Bulimia?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes a horizontal bar chart for the 'Total' column.

Invalid responses include no response or multiple responses.

31A6. Within the last 12 months, have you been diagnosed or treated by a professional for any of the following: Depression?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes a horizontal bar chart for the 'Total' column.

Invalid responses include no response or multiple responses.

31A7. Within the last 12 months, have you been diagnosed or treated by a professional for any of the following: Insomnia?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes a horizontal bar chart for the 'Total' column.

Invalid responses include no response or multiple responses.

31A8. Within the last 12 months, have you been diagnosed or treated by a professional for any of the following: Other sleep disorder?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes a horizontal bar chart for the 'Total' column.

Invalid responses include no response or multiple responses.





American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

31B1. Within the last 12 months, have you been diagnosed or treated by a professional for any of the following: Obsessive Compulsive Disorder (OCD)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes a horizontal bar chart for the '1 No' response.

Invalid responses include no response or multiple responses.

31B2. Within the last 12 months, have you been diagnosed or treated by a professional for any of the following: Panic Attacks?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes a horizontal bar chart for the '1 No' response.

Invalid responses include no response or multiple responses.

31B3. Within the last 12 months, have you been diagnosed or treated by a professional for any of the following: Phobia?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes a horizontal bar chart for the '1 No' response.

Invalid responses include no response or multiple responses.

31B4. Within the last 12 months, have you been diagnosed or treated by a professional for any of the following: Schizophrenia?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes a horizontal bar chart for the '1 No' response.

Invalid responses include no response or multiple responses.



American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

31B5. Within the last 12 months, have you been diagnosed or treated by a professional for any of the following: Substance abuse or addiction (alcohol or other drugs)?

Table with 9 columns: Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct., and a bar chart. Rows include '1 No', '2 Yes, diagnosed not treated', '3 Yes, treated with medication', '4 Yes, treated with psychotherap', '5 Yes, treated meds + psychothe', '6 Yes, other treatment', and 'Valid responses ='. Total Pct. for '1 No' is 98.9%.

Invalid responses include no response or multiple responses.

31B6. Within the last 12 months, have you been diagnosed or treated by a professional for any of the following: Other addiction (e.g., gambling, internet, sexual)?

Table with 9 columns: Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct., and a bar chart. Rows include '1 No', '2 Yes, diagnosed not treated', '3 Yes, treated with medication', '4 Yes, treated with psychotherap', '5 Yes, treated meds + psychothe', '6 Yes, other treatment', and 'Valid responses ='. Total Pct. for '1 No' is 99.5%.

Invalid responses include no response or multiple responses.

31B7. Within the last 12 months, have you been diagnosed or treated by a professional for any of the following: Other mental health condition?

Table with 9 columns: Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct., and a bar chart. Rows include '1 No', '2 Yes, diagnosed not treated', '3 Yes, treated with medication', '4 Yes, treated with psychotherap', '5 Yes, treated meds + psychothe', '6 Yes, other treatment', and 'Valid responses ='. Total Pct. for '1 No' is 98.1%.

Invalid responses include no response or multiple responses.

32. Have you ever been diagnosed with depression?

Table with 9 columns: Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct., and a bar chart. Rows include '1 No', '2 Yes', and 'Valid responses ='. Total Pct. for '1 No' is 82.2%.

Invalid responses include no response or multiple responses.

33A. Within the last 12 months, has any of the following been traumatic or very difficult for you to handle: Academics?

Table with 9 columns: Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct., and a bar chart. Rows include '1 No', '2 Yes', and 'Valid responses ='. Total Pct. for '1 No' is 54.7%.

Invalid responses include no response or multiple responses.



American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

33B. Within the last 12 months, has any of the following been traumatic or very difficult for you to handle: Career related issue?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

33C. Within the last 12 months, has any of the following been traumatic or very difficult for you to handle: Death of a family member or friend?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

33D. Within the last 12 months, has any of the following been traumatic or very difficult for you to handle: Family problems?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

33E. Within the last 12 months, has any of the following been traumatic or very difficult for you to handle: Intimate relationships?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

33F. Within the last 12 months, has any of the following been traumatic or very difficult for you to handle: Other relationships?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

33G. Within the last 12 months, has any of the following been traumatic or very difficult for you to handle: Finances?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

33H. Within the last 12 months, has any of the following been traumatic or very difficult for you to handle: Health problem of a family member or partner?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.



American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

33I. Within the last 12 months, has any of the following been traumatic or very difficult for you to handle: Personal appearance?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

33J. Within the last 12 months, has any of the following been traumatic or very difficult for you to handle: Personal health issue?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

33K. Within the last 12 months, has any of the following been traumatic or very difficult for you to handle: Sleep difficulties?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

33L. Within the last 12 months, has any of the following been traumatic or very difficult for you to handle: Other?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

34A. Have you ever received psychological or mental health services from any of the following: Counselor/Therapist/Psychologist?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

34B. Have you ever received psychological or mental health services from any of the following: Psychiatrist?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

34C. Have you ever received psychological or mental health services from any of the following: Other medical provider (e.g., physician, nurse practitioner)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.



American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

34D. Have you ever received psychological or mental health services from any of the following: Minister/Priest/Rabbi/Other clergy?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

35. Have you ever received psychological or mental health services from your current college/university's Counseling or Health Service?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

36. If in the future you were having a personal problem that was really bothering you, would you consider seeking help from a mental health professional?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

37. Within the last 12 months, how would you rate the overall level of stress you have experienced?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

38A. Within the last 30 days, did you do any of the following: Exercise to lose weight?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

38B. Within the last 30 days, did you do any of the following: Diet to lose weight?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.



American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

38C. Within the last 30 days, did you do any of the following:
Vomit or take laxatives to lose weight?

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

38D. Within the last 30 days, did you do any of the following:
Take diet pills to lose weight?

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

39A. Have you had a dental exam and cleaning in the last 12 months?

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

39B. Have you (Males) performed testicular self exam in the last 30 days?

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

39C. Have you (Females) performed breast self exam in the last 30 days?

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

39D. Have you (Females) had a routine gynecological exam in the last 12 months?

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

39E. Have you used sunscreen regularly with sun exposure?

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.



American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

39F. Have you ever been tested for Human Immunodeficiency Virus (HIV) infection?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

40A. Have you received the following vaccinations (shots or series of shots): Hepatitis B?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

40B. Have you received the following vaccinations (shots series of shots): Human Papillomavirus/HPV (cervical cancer vaccine)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

40C. Have you received the following vaccinations (shots series of shots): Influenza (the flu) in the last 12 months (shot or nasal mist)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

40D. Have you received the following vaccinations (shots series of shots): Measles, Mumps, Rubella?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

40E. Have you received the following vaccinations (shots): Meningococcal disease (meningococcal meningitis)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.



American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

40F. Have you received the following vaccinations (shots):
Varicella (chicken pox)?

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Includes horizontal bar chart for Total Pct.

41A1. Within the last 12 months, have you been diagnosed or treated by a professional for the following:
Allergies?

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Includes horizontal bar chart for Total Pct.

41A2. Within the last 12 months, have you been diagnosed or treated by a professional for the following:
Asthma?

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Includes horizontal bar chart for Total Pct.

41A3. Within the last 12 months, have you been diagnosed or treated by a professional for the following:
Back pain?

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Includes horizontal bar chart for Total Pct.

41A4. Within the last 12 months, have you been diagnosed or treated by a professional for the following:
Broken bone/Fracture/Sprain?

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Includes horizontal bar chart for Total Pct.

41A5. Within the last 12 months, have you been diagnosed or treated by a professional for the following:
Bronchitis?

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Includes horizontal bar chart for Total Pct.

41A6. Within the last 12 months, have you been diagnosed or treated by a professional for the following:
Chlamydia?

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Includes horizontal bar chart for Total Pct.





American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

41A7. Within the last 12 months, have you been diagnosed or treated by a professional for the following: Diabetes?

Table with 9 columns: Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct., and a bar chart. Rows include 1 No, 2 Yes, and Valid responses =.

Invalid responses include no response or multiple responses.

41A8. Within the last 12 months, have you been diagnosed or treated by a professional for the following: Ear infection?

Table with 9 columns: Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct., and a bar chart. Rows include 1 No, 2 Yes, and Valid responses =.

Invalid responses include no response or multiple responses.

41A9. Within the last 12 months, have you been diagnosed or treated by a professional for the following: Endometriosis?

Table with 9 columns: Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct., and a bar chart. Rows include 1 No, 2 Yes, and Valid responses =.

Invalid responses include no response or multiple responses.

41A10. Within the last 12 months, have you been diagnosed or treated by a professional for the following: Genital Herpes?

Table with 9 columns: Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct., and a bar chart. Rows include 1 No, 2 Yes, and Valid responses =.

Invalid responses include no response or multiple responses.

41A11. Within the last 12 months, have you been diagnosed or treated by a professional for the following: Genital warts/Human Papillomavirus (HPV)?

Table with 9 columns: Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct., and a bar chart. Rows include 1 No, 2 Yes, and Valid responses =.

Invalid responses include no response or multiple responses.

41A12. Within the last 12 months, have you been diagnosed or treated by a professional for the following: Gonorrhea?

Table with 9 columns: Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct., and a bar chart. Rows include 1 No, 2 Yes, and Valid responses =.

Invalid responses include no response or multiple responses.

41A13. Within the last 12 months, have you been diagnosed or treated by a professional for the following: Hepatitis B or C?

Table with 9 columns: Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct., and a bar chart. Rows include 1 No, 2 Yes, and Valid responses =.

Invalid responses include no response or multiple responses.



American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

41B1. Within the last 12 months, have you been diagnosed or treated by a professional for the following: High blood pressure?

Table with 9 columns: Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Rows include 1 No, 2 Yes, and Valid responses =.

Invalid responses include no response or multiple responses.

41B2. Within the last 12 months, have you been diagnosed or treated by a professional for the following: High cholesterol?

Table with 9 columns: Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Rows include 1 No, 2 Yes, and Valid responses =.

Invalid responses include no response or multiple responses.

41B3. Within the last 12 months, have you been diagnosed or treated by a professional for the following: Human Immunodeficiency Virus (HIV)?

Table with 9 columns: Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Rows include 1 No, 2 Yes, and Valid responses =.

Invalid responses include no response or multiple responses.

41B4. Within the last 12 months, have you been diagnosed or treated by a professional for the following: Irritable Bowel Syndrome?

Table with 9 columns: Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Rows include 1 No, 2 Yes, and Valid responses =.

Invalid responses include no response or multiple responses.

41B5. Within the last 12 months, have you been diagnosed or treated by a professional for the following: Migraine headache?

Table with 9 columns: Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Rows include 1 No, 2 Yes, and Valid responses =.

Invalid responses include no response or multiple responses.

41B6. Within the last 12 months, have you been diagnosed or treated by a professional for the following: Mononucleosis?

Table with 9 columns: Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Rows include 1 No, 2 Yes, and Valid responses =.

Invalid responses include no response or multiple responses.

41B7. Within the last 12 months, have you been diagnosed or treated by a professional for the following: Pelvic Inflammatory Disease (PID)?

Table with 9 columns: Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Rows include 1 No, 2 Yes, and Valid responses =.

Invalid responses include no response or multiple responses.



American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

41B8. Within the last 12 months, have you been diagnosed or treated by a professional for the following: Repetitive stress injury (e.g., carpal tunnel syndrome)?

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

41B9. Within the last 12 months, have you been diagnosed or treated by a professional for the following: Sinus infection?

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

41B10. Within the last 12 months, have you been diagnosed or treated by a professional for the following: Strep throat?

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

41B11. Within the last 12 months, have you been diagnosed or treated by a professional for the following: Tuberculosis?

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

41B12. Within the last 12 months, have you been diagnosed or treated by a professional for the following: Urinary tract infection?

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

42. On how many of the past 7 days did you get enough sleep so that you felt rested when you woke up in the morning?

Table with 9 columns: Response, Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.



American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

43. In the past 7 days, how much of a problem have you had with sleepiness during your daytime activities?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

44A. In the past 7 days, how often have you awoken too early in the morning and couldn't get back to sleep?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

44B. In the past 7 days, how often have you felt tired, dragged out, or sleepy during the day?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

44C. In the past 7 days, how often have you gone to bed because you could not stay awake any longer?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.



American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

44D. In the past 7 days, how often have you had an extremely hard time falling asleep?

Table with columns: Male (Freq., Pct.), Female (Freq., Pct.), Unknown (Freq., Pct.), Total (Freq., Pct.). Rows include 0 days, 1 day, 2 days, 3 days, 4 days, 5 days, 6 days, 7 days, 8 days, and Valid responses =.

Invalid responses include no response or multiple responses.

45A1. Within the last 12 months, have any of the following affected your academic performance: Alcohol use?

Table with columns: Male (Freq., Pct.), Female (Freq., Pct.), Unknown (Freq., Pct.), Total (Freq., Pct.). Rows include 1 This did not happen to me, N/A, 2 Exprd, academics not affected, 3 Received lower grade exam, 4 Received lower grade course, 5 Received incomplete/dropped, 6 Significant disruption thesis, and Valid responses =.

Invalid responses include no response or multiple responses.

45A2. Within the last 12 months, have any of the following affected your academic performance: Allergies?

Table with columns: Male (Freq., Pct.), Female (Freq., Pct.), Unknown (Freq., Pct.), Total (Freq., Pct.). Rows include 1 This did not happen to me, N/A, 2 Exprd, academics not affected, 3 Received lower grade exam, 4 Received lower grade course, 5 Received incomplete/dropped, 6 Significant disruption thesis, and Valid responses =.

Invalid responses include no response or multiple responses.

45A3. Within the last 12 months, have any of the following affected your academic performance: Anxiety?

Table with columns: Male (Freq., Pct.), Female (Freq., Pct.), Unknown (Freq., Pct.), Total (Freq., Pct.). Rows include 1 This did not happen to me, N/A, 2 Exprd, academics not affected, 3 Received lower grade exam, 4 Received lower grade course, 5 Received incomplete/dropped, 6 Significant disruption thesis, and Valid responses =.

Invalid responses include no response or multiple responses.



American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

45A4. Within the last 12 months, have any of the following affected your academic performance: Assault (physical)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

45A5. Within the last 12 months, have any of the following affected your academic performance: Assault (sexual)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

45A6. Within the last 12 months, have any of the following affected your academic performance: Attention Deficit and Hyperactivity Disorder (ADHD)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

45A7. Within the last 12 months, have any of the following affected your academic performance: Cold/Flu/Sore throat?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.



American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

45A8. Within the last 12 months, have any of the following affected your academic performance: Concern for a troubled friend or family member?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

45B1. Within the last 12 months, have any of the following affected your academic performance: Chronic health problem or serious illness (e.g. diabetes, asthma, cancer)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

45B2. Within the last 12 months, have any of the following affected your academic performance: Chronic pain?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

45B3. Within the last 12 months, have any of the following affected your academic performance: Death of a friend or family member?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.



American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

45B4. Within the last 12 months, have any of the following affected your academic performance: Depression?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

45B5. Within the last 12 months, have any of the following affected your academic performance: Discrimination (e.g., homophobia, racism, sexism)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

45B6. Within the last 12 months, have any of the following affected your academic performance: Drug use?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

45B7. Within the last 12 months, have any of the following affected your academic performance: Eating disorder/problem?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.





American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

45B8. Within the last 12 months, have any of the following affected your academic performance: Finances?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

45C1. Within the last 12 months, have any of the following affected your academic performance: Gambling?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

45C2. Within the last 12 months, have any of the following affected your academic performance: Homesickness?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

45C3. Within the last 12 months, have any of the following affected your academic performance: Injury (e.g., fracture, sprain, strain, cut)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.



American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

45C4. Within the last 12 months, have any of the following affected your academic performance: Internet use/computer games?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

45C5. Within the last 12 months, have any of the following affected your academic performance: Learning disability?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

45C6. Within the last 12 months, have any of the following affected your academic performance: Participation in extracurricular activities (e.g., campus clubs, organizations, athletics)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

45C7. Within the last 12 months, have any of the following affected your academic performance: Pregnancy (yours or your partner's)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.



American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

45C8. Within the last 12 months, have any of the following affected your academic performance: Relationship difficulties?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

45D1. Within the last 12 months, have any of the following affected your academic performance: Roommate difficulties?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

45D2. Within the last 12 months, have any of the following affected your academic performance: Sexually transmitted disease/infection (STD/I)?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

45D3. Within the last 12 months, have any of the following affected your academic performance: Sinus infection/Ear infection/Bronchitis/Strep throat?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.



American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

45D4. Within the last 12 months, have any of the following affected your academic performance: Sleep difficulties?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

45D5. Within the last 12 months, have any of the following affected your academic performance: Stress?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

45D6. Within the last 12 months, have any of the following affected your academic performance: Work?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

45D7. Within the last 12 months, have any of the following affected your academic performance: Other?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.



**American College Health Association-National College Health Assessment (ACHA-NCHA-II)  
Reference Group Data Report - Spring 2009**

American College Health Association  
P.O. Box 28937  
Baltimore, MD 21240-8937  
(410) 859-1500  
[www.acha.org](http://www.acha.org)

August 7, 2009  
FREQUENCY REPORT  
Number of Surveys (n) = 87105 Web & Paper Surveys

**46. How old are you?**

Age (Years)	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
18	2891	10	6507	12	51	11	9,460	11.1	
19	5506	19	10613	19	108	23	16,244	19.1	
20	4995	17	9667	18	86	18	14,765	17.3	
21	4586	15	8774	16	70	15	13,450	15.8	
22	3102	10	5247	10	44	9	8,402	9.9	
23	1755	6	2595	5	14	3	4,368	5.1	
24	1198	4	1948	4	11	2	3,161	3.7	
25	990	3	1514	3	12	3	2,518	3.0	
26	706	2	1261	2	7	2	1,977	2.3	
27	645	2	1038	2	2	0	1,688	2.0	
28	619	2	868	2	5	1	1,494	1.8	
29	450	2	658	1	12	3	1,120	1.3	
30	360	1	512	1	6	1	878	1.0	
31	273	1	407	1	3	1	683	0.8	
GE 32	1763	6	3210	6	39	8	5,041	5.9	
Valid responses =	29839	35	54819	64	470	1	85,249	97.9	

Invalid responses include no response or multiple responses.

	Mean	Median	Std Dev	Min	Max
Male	22.46	21.00	5.52	18.00	90.00
Female	22.25	21.00	5.73	18.00	91.00
Overall	22.33	21.00	5.71	18.00	95.00

**47. What is your gender?**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 Female	0	0	55112	100	0	0	55,112	63.3	
2 Male	30067	100	0	0	0	0	30,067	34.5	
3 Transgender	0	0	0	0	0	0	131	0.2	
Valid responses =	30067	35	55112	63	1791	2	87,101	100.0	

Invalid responses include no response or multiple responses.

**48. What is your sexual orientation?**

	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
1 Heterosexual	27537	92	51290	94	290	90	79,147	93.1	
2 Gay/Lesbian	1251	4	745	1	10	3	2,030	2.4	
3 Bisexual	611	2	1811	3	16	5	2,470	2.9	
4 Unsure	436	2	856	2	5	2	1,336	1.6	
Valid responses =	29835	35	54702	64	321	0	84,983	100.0	

Invalid responses include no response or multiple responses.

**49. Height in inches?**

Inches	Male		Female		Unknown		Total		Pct.
	Freq.	Pct.	Freq.	Pct.	Freq.	Pct.	Freq.		
low-36	0	0	0	0	0	0	0	0.0	
37-48	1	0	1	0	0	0	2	0.0	
49-60	39	0	2276	4	13	3	2,337	2.8	
61-72	21802	74	51811	95	348	85	74,042	87.5	
73-84	7732	26	335	1	48	12	8,131	9.6	
GE 85	28	0	36	0	0	0	73	0.1	
Valid responses =	29602	35	54459	64	409	0	84,585	97.1	

Invalid responses include no response or multiple responses.

	Mean	Median	Std Dev	Min	Max
Male	70.71	71.00	3.13	48.00	109.00
Female	65.06	65.00	2.93	48.00	108.00
Overall	67.06	67.00	4.05	48.00	109.00



American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

50. What is your weight in pounds?

Table with columns: Pounds, Male Freq. Pct., Female Freq. Pct., Unknown Freq. Pct., Total Freq. Pct. Includes horizontal bar chart for total percentages.

Invalid responses include no response or multiple responses.

Summary statistics table: Mean, Median, Std Dev, Min, Max for Male, Female, and Overall.

51. What is your year in school?

Table with columns: Male Freq. Pct., Female Freq. Pct., Unknown Freq. Pct., Total Freq. Pct. Includes horizontal bar chart for total percentages.

Invalid responses include no response or multiple responses.

52. What is your enrollment status?

Table with columns: Male Freq. Pct., Female Freq. Pct., Unknown Freq. Pct., Total Freq. Pct. Includes horizontal bar chart for total percentages.

Invalid responses include no response or multiple responses.

53. Have you transferred to this college or university within the last 12 months?

Table with columns: Male Freq. Pct., Female Freq. Pct., Unknown Freq. Pct., Total Freq. Pct. Includes horizontal bar chart for total percentages.

Invalid responses include no response or multiple responses.

54. How do you usually describe yourself?

Table with columns: Male Freq. Pct., Female Freq. Pct., Unknown Freq. Pct., Total Freq. Pct. Includes horizontal bar chart for total percentages.

Valid responses = all responses and blanks: since multiple responses were possible, more than 100% may be included.



American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

55. Are you an international student?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

56. What is your relationship status?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

57. What is your marital status?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

58. Where do you currently live?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

59. Are you a member of a social fraternity or sorority?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.

60. How many hours a week do you work for pay?

Table with 9 columns: Response, Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct. Includes horizontal bar chart for Total Pct.

Invalid responses include no response or multiple responses.



American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

61. How many hours a week do you volunteer?

Table with 9 columns: Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct., and a bar chart. Rows include 0 hours, 1-9 hours, 10-19 hours, 20-29 hours, 30-39 hours, 40 hours, 7 more than 40 hours, and Valid responses =.

Invalid responses include no response or multiple responses.

62. What is your primary source of health insurance?

Table with 9 columns: Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct., and a bar chart. Rows include College/university sponsored, Parents' plan, Another plan, Don't have health insurance, Not sure if I have insurance, and Valid responses =.

Invalid responses include no response or multiple responses.

63. What is your approximate cumulative grade point average?

Table with 9 columns: Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct., and a bar chart. Rows include A, B, C, D/F, N/A, and Valid responses =.

Invalid responses include no response or multiple responses.

64A. In the last 12 months, have you participated in organized college athletics at any of the following levels:

Varsity?

Table with 9 columns: Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct., and a bar chart. Rows include No, Yes, and Valid responses =.

Invalid responses include no response or multiple responses.

64B. In the last 12 months, have you participated in organized college athletics at any of the following levels:

Club sports?

Table with 9 columns: Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct., and a bar chart. Rows include No, Yes, and Valid responses =.

Invalid responses include no response or multiple responses.

64C. In the last 12 months, have you participated in organized college athletics at any of the following levels:

Intramurals?

Table with 9 columns: Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct., and a bar chart. Rows include No, Yes, and Valid responses =.

Invalid responses include no response or multiple responses.





American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

65A. Do you have any of the following disabilities or medical conditions: Attention Deficit and Hyperactivity Disorder (ADHD)?

Table with 9 columns: Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Rows include 1 No, 2 Yes, and Valid responses =.

Invalid responses include no response or multiple responses.

65B. Do you have any of the following disabilities or medical conditions: Chronic illness (e.g., cancer, diabetes, auto-immune disorders)?

Table with 9 columns: Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Rows include 1 No, 2 Yes, and Valid responses =.

Invalid responses include no response or multiple responses.

65C. Do you have any of the following disabilities or medical conditions: Deaf/Hard of hearing?

Table with 9 columns: Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Rows include 1 No, 2 Yes, and Valid responses =.

Invalid responses include no response or multiple responses.

65D. Do you have any of the following disabilities or medical conditions: Learning disability?

Table with 9 columns: Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Rows include 1 No, 2 Yes, and Valid responses =.

Invalid responses include no response or multiple responses.

65E. Do you have any of the following disabilities or medical conditions: Mobility/Dexterity disability?

Table with 9 columns: Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Rows include 1 No, 2 Yes, and Valid responses =.

Invalid responses include no response or multiple responses.

65F. Do you have any of the following disabilities or medical conditions: Partially sighted/Blind?

Table with 9 columns: Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Rows include 1 No, 2 Yes, and Valid responses =.

Invalid responses include no response or multiple responses.

65G. Do you have any of the following disabilities or medical conditions: Psychiatric condition?

Table with 9 columns: Male Freq, Male Pct, Female Freq, Female Pct, Unknown Freq, Unknown Pct, Total Freq, Total Pct. Rows include 1 No, 2 Yes, and Valid responses =.

Invalid responses include no response or multiple responses.



American College Health Association-National College Health Assessment (ACHA-NCHA-II) Reference Group Data Report - Spring 2009

American College Health Association
P.O. Box 28937
Baltimore, MD 21240-8937
(410) 859-1500
www.acha.org

August 7, 2009
FREQUENCY REPORT
Number of Surveys (n) = 87105 Web & Paper Surveys

65H. Do you have any of the following disabilities or medical conditions:
Speech or language disorder?

Table with 9 columns: Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct., and a bar chart. Rows include '1 No', '2 Yes', and 'Valid responses ='. Total Pct. for '1 No' is 99.2%.

Invalid responses include no response or multiple responses.

65I. Do you have any of the following disabilities or medical conditions:
Other disability?

Table with 9 columns: Male Freq., Male Pct., Female Freq., Female Pct., Unknown Freq., Unknown Pct., Total Freq., Total Pct., and a bar chart. Rows include '1 No', '2 Yes', and 'Valid responses ='. Total Pct. for '1 No' is 98.1%.

Invalid responses include no response or multiple responses.